

PBA Alternative Dispute Resolution Committee present a

Lunch & Learns: Four-Part Series on Mediation

This Series is presented by David Fitzsimons, Esq. of ADRFitz LLC, PBA ADR Education Subcommittee Co-chair



Friday, September 11, 2026

Noon - 1 p.m. | No Cost; No CLE

Introduction to Mediation: Mediation is Everywhere. Discover How to Do it Right

Email questions regarding any program to [Melisa Spinelli](#), PBA Committees and Sections Coordinator

Mediation is being embraced by effective advocates and problem solvers throughout Pennsylvania. Understanding the origins and foundations of the effective and widely used approaches to conflict resolution is an important first step in successful leverage of the process. This program introduces the key principles and values of mediation, including neutrality, respect, confidentiality and self-determination.

[Register Here](#)

Thursday, October 22, 2026

Noon - 1 p.m. | No Cost; No CLE

Survey of Models of Mediation: For Advocates, Understanding the Process is as Important as Knowing How to Introduce Evidence

Explore the various models of mediation, and where and by whom they are most embraced. Learn how they influence dispute resolution and discover how to craft your advocacy approach to achieve the best possible outcomes.

[Register Here](#)

Tuesday, November 17, 2026

Noon - 1 p.m. | No Cost; No CLE

Approaching — and Even Proposing — Mediation: A Sign of Weakness or Strength? Conversations with Clients, Carriers, Opposing Counsel and the Bench

This session examines the perceptions, challenges and opportunities that arise when introducing mediation to key stakeholders. Discover how successful advocates navigate these discussions, overcome skepticism and use mediation strategically to advance their clients' interests.

[Register Here](#)

Friday, December 4, 2026

Noon - 1 p.m. | No Cost; No CLE

"The Christmas Committee and Composting Files" How to leverage ADR Processes to clear your desk and make 2027 a Banner Year.

This practical and engaging session explores how Alternative Dispute Resolution (ADR) processes — including mediation and arbitration — can help move cases toward resolution, reduce backlog and create momentum for the year ahead.

[Register Here](#)



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